

Osteopathy Europe
ANNUAL REPORT 2025

We represent
Osteopaths and
osteopathic
institutions in 23
countries across
Europe.

Our members are lead professional associations and regulatory authorities from Europe.

President's Report

2025 was very focussed on continuing to provide practical support to the osteopathic associations that form the Osteopathy Europe membership, and we are pleased to report that member engagement remains strong, with the vast majority of associations attending the in-person conferences and online networking meetings.

As the final year in our current 2023-25 strategic plan, we have also been reviewing our achievements over this period, and looking to build on these in the formulation of the new 2026-28 strategic plan.

In 2023, the organisation formally rebranded from the European Federation & Forum for Osteopathy (EFFO) to Osteopathy Europe (OE), consolidating its identity and clarifying its strategic positioning at an European level. The organisation is today administered by the OE Board and our CEO, and is more professionally structured, digitally strengthened, and strategically positioned than in 2018, when the European Forum for Osteopathy merged with the Forum for Osteopathic Regulation.

Over the last three years the community of osteopathic associations across Europe and beyond has strengthened even further, and the active and committed participation of member representatives in OE committees has helped to ensure that membership issues and needs are absolutely at the core of OE strategies and actions.

Our representational reach has expanded. Today, Osteopathy Europe represents 23 European countries, with the national osteopathic associations in Brazil, Canada and Israel as associated members — bringing together approximately 28,000 osteopaths across Europe and beyond. This reflects a significant strengthening of our membership base over the past few years.

This year, our Spring Conference and Annual General Meeting brought us together in beautiful Mallorca, hosted with great care by our Spanish colleagues at the Registro de Osteópatas de España (ROE). We focused on common challenges around regulation, the benefits and risks of statutory recognition, and constructively shared national experiences.

Throughout the year, we held our online Members Network Meetings in February, May, and September, using them to prepare for our in-person conferences, share committee updates, and provide space for member news and questions.

Research, education and policy – growing our professional voice

The Research Committee delivered a high-quality webinar on *“How to Publish Your First Research Paper”*, followed by a live Q&A session in May. This webinar was made available to all the members of the OE member associations, with the intention to support more osteopaths to engage actively in research and publication.

Our committees have been very active:

- The Policy Committee has continued to work on regulation, title protection and stakeholder engagement, building directly on the workshops at our conferences.
- The Education Committee and Research Committee have also developed plans for 2026 aligned with the new strategic plan, with a significant focus on the planned revision of the CEN standard for osteopathy in 2027.
- The Communication Task Force has increased our visibility through more structured social media and communication work and has supported members in sharing their own activities.

Conferences and strategic direction

In October, we gathered in Wiesbaden for the Autumn Conference and General Meeting 2025, kindly hosted by VOD, whose organisation and hospitality supported a productive and engaging meeting.

The conference took a deeper dive into statutory regulation, title protection and regulatory structures across Europe, as well as national journeys towards regulation in Austria, Germany, Spain and Luxembourg.

At the General Meeting, members:

- Approved the OE Strategic Plan 2026–2028 and the business plan for 2026
- Agreed on the introduction of the President-Elect role to secure a more transparent and well-prepared leadership transition
- Formally and unanimously elected Tomas Collin as President-Elect, to succeed me at the Spring General Meeting in Salzburg in March 2026

Earlier in the year, the Board also met in person in Edinburgh to work on our long-term strategy, political priorities and member engagement.

Research collaboration and surveys

In 2025, we launched and repeatedly highlighted the importance of sharing the HVLA in Paediatric Osteopathy Survey, conducted by the OE Research Committee in collaboration with Osteopathy Australia, Osteopaths New Zealand, the Swiss Federation of Osteopaths, and the Foundation COME Collaboration.

The survey explores how osteopaths use HVLA techniques in infants, children and adolescents, and whether these techniques are included in osteopathic training programmes. We have encouraged all member organisations to share the survey widely to ensure broad and representative participation, as the results will inform an evidence-informed position on this important topic.

The CEN revision

Throughout 2025, we have also continued preparatory work ahead of the forthcoming revision of the European standard CEN EN 16686:2015 on Osteopathic Healthcare Provision, which is expected to begin formally in early 2027. Osteopathy Europe has taken on a coordinating role in these early stages, ensuring members are informed and positioned to participate effectively when national mirror committees begin their work.

Strengthening our international positioning

A significant milestone this year was our acceptance into the WHO's World Rehabilitation Alliance (WRA). This strengthens Osteopathy Europe's visibility within the global rehabilitation community and gives our profession a recognised voice in international policy discussions.

We now have board members working on both the WRA Steering Committee and the Communications & Advocacy Task Force, and OE is now better positioned to contribute to conversations on musculoskeletal health, patient-centred care and the role of rehabilitation in universal health coverage. This engagement with other global health interest-holders is planned to be a key strategic theme over the next three years and beyond.

Looking ahead: Osteopathic Identity Project

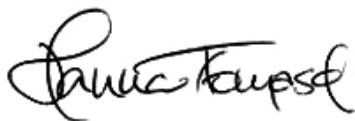
Another key development in 2025 was the OE Board's approval of the Research Committee's proposal to initiate an Osteopathic Identity Project. This will be conducted through a Delphi study, designed to build consensus and a shared understanding of professional identity across Europe.

The project will also serve as a foundation for OE's preparations ahead of the upcoming CEN revision and support clearer communication with stakeholders. We look forward to sharing more details with members in early 2026 as the work begins.

Finally, on behalf of the OE Board, I would like to thank all our members for their trust, collaboration and commitment throughout 2025.

On behalf of the OE Board,

Warm regards,
Hanna Tómasdóttir



Hanna Tómasdóttir
President Osteopathy Europe

Financial Report

General Financial Position

The 2025 financial year closes with a surplus of approximately €38,000. Retained earnings continue to increase gradually, thereby strengthening the financial stability of the association. This positive result is primarily explained by:

- efficient outsourced administrative management.
- the effects of the moderate membership fee increases decided in previous years. No increase in membership fees is planned.

Budgetary Analysis and Strategic Considerations

a) Strategic Projects

Two categories of projects give meaning to the current budgetary orientation:

- the CEN project, with costs planned until 2028.
- investments in studies and strategic projects.

The surplus generated during the financial year is consistent with the expenditures foreseen for the coming years and enables the association to anticipate these future commitments within a controlled budgetary framework.

b) Analysis of Expenditures

Several expenditure items were examined in detail.

Budgets related to electronic tools, communication platforms, and the fees of the tax adviser were subject to thorough review.

Administrative outsourcing through digital platforms has optimized overall organizational management. This structure facilitates daily operations and effectively prepares transitions in the event of changes in Board members.

An increase in external expenses is therefore observed, offset by a decrease in internal expenses (boarding fees), reflecting a shift toward a more structured and professionalized management model.

c) Tax Adviser and Accounting Organization

The fees of the tax adviser were analysed and compared with prior years. Since the implementation in 2023 of the transfer of financial operations management to the accountant, an overall reduction in costs has been observed. As the initial implementation phase of the new system has now been completed, costs have stabilized and are expected to remain stable, subject to any increase in workload or inflation.

d) Treasury: Management Tools and Continuity

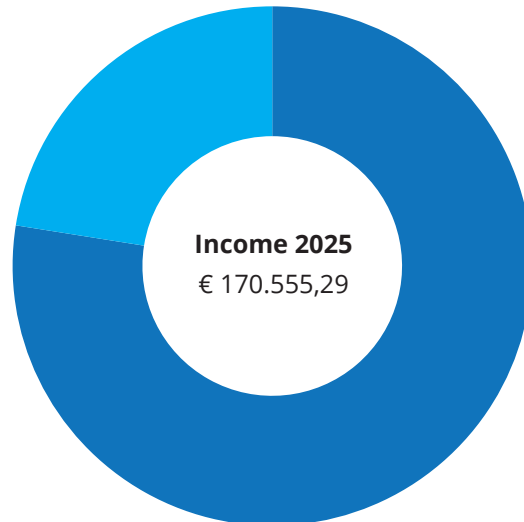
The software and programs used by the Board, particularly in the field of accounting, reflect a commitment to transparency, clarity, and continuity. They enable:

- facilitation of day-to-day management and communication between the Treasurer and the tax adviser.
- a clear and up-to-date overview of the financial situation.
- improved traceability of operations.

This will facilitate the transfer of responsibility to future Treasurers.

Financial Accounts

	EUROS
Income 2025	€ 170.555,29
Expenses 2025	€ 132.185,45
Surplus 2025	€ 38.369,84
Assets at 31.12.2025	€ 93.108,47





Osteopathy Europe promotes standards,
regulation and recognition for osteopaths in Europe.

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